

# Dale McCutcheon's Martial Arts Academy

## Class Schedule

\* FREE WEEK SCHEDULE \*  
BEGINNERS

\* FREE WEEK SCHEDULE \*  
TINY TIGERS

**Floor A = Original Building**

Phone: (330) 699-8600

**Revised 05/2019**

NO FRIDAY CLASSES

MONDAY		* <u>BEGINNER</u> * 6:00—6:45 pm	<u>SPARRING</u> <u>TECHNIQUE</u> 7:00—7:45 pm	* <u>JIU—JITSU</u> * 8:00—9:00 pm (NOT DMC CLASS)	
TUESDAY		INTERMEDIATE/ ADVANCED 5:00—5:45 pm	<u>YOUTH</u> <u>SPARRING</u> 6:00—6:45 pm (16 YRS & Under)	* <u>BEGINNER</u> * 7:00—7:30 pm <u>BEGINNER SPARRING</u> 7:30—8:00 pm	<u>ADVANCED</u> 8:15—9:00 pm
WEDNESDAY		* <u>TINY TIGERS</u> * 4:30—5:15 pm	* <u>BEGINNER</u> * 5:30—6:15 pm	* <u>KATA</u> * 6:30—7:30 pm	<u>ADVANCED</u> 7:45—8:30 pm
THURSDAY		<u>SPARRING</u> TINY TIGERS/ 6 YRS & UNDER 5:00—5:45 pm	INTERMEDIATE 6:00—6:45 pm <u>BIBLE STUDY</u> 6:00—6:45 pm (CONFERENCE ROOM)	<u>OPEN SPARRING</u> 7:00—7:45 pm	* <u>JIU—JITSU</u> * 8:00—8:45 pm (NOT DMC CLASS)
SATURDAY	* <u>JIU--JITSU</u> * 7:45—9:00 am (NOT DMC CLASS)	* <u>SELF DEFENSE</u> * 10:00—11:00 am	* <u>OPEN CLASS</u> * 11:15—12:00 pm	TINY TIGERS: 3-5 YEAR OLDS BEGINNER: ALL WHITE/YELLOW BELTS INTERMEDIATE: YELLOW BELT & ABOVE ADVANCED CLASS: GREEN BELT & ABOVE	

\* \* Denotes Classes Available To START DMC Free Week  
\* \* Denotes ADDITIONAL Classes During DMC Free Week

**PRIVATE CLASSES**  
1/2 Hour = \$20.00

Denotes ADDITIONAL Classes As DMC Beginners Student  
Denotes Jiu-Jitsu Per MR. GRIFFITH—NOT DMC Course

# Dale McCutcheon's Martial Arts Academy

## Class Schedule

**Floor B = New Addition**

Ph. # 699-8600

**Revised 05/2019**

NO FRIDAY CLASSES

MONDAY		<u>TINY TIGER</u> <u>BLACK STRIPE</u> & ABOVE 4:30—5:15 pm	* <u>KATA</u> * 5:30—6:15 pm	<u>INTERMEDIATE</u> 6:30—7:15 pm	<u>COMPETITION</u> <u>PRACTICE</u> 7:30—8:15 pm
TUESDAY			<u>CHECK OFF</u> 6:00—6:45 pm	<u>ENDURANCE</u> 7:00—8:00 pm	
WEDNESDAY			* <u>KATA</u> * 6:30—7:30 pm (Starts on Floor A)	<u>SPARRING</u> 7:45—8:30 pm (By Permission Only)	
THURSDAY			<u>WEAPONS</u> <u>1ST/2ND STAFF</u> 6:00—6:45 pm	<u>WEAPONS</u> <u>ADVANCED</u> 7:00—7:45 pm	
SATURDAY	<u>ADVANCED CLASS</u> 8:00—10:00 am		BEGINNER SPARRING: YOUTH SPARRING: OPEN CLASS: OPEN SPARRING:	YELLOW BELT & UNDER 16 YEAR OLDS & UNDER ALL RANKS ALL RANKS/ALL AGES ALL RANKS/ALL AGES	